

Menus

School: Tonica Grade School

Academic Year: 2018-19

Meal: Breakfast

Month: January 2019

January				
M	Tu	W	Th	F
31	1	2	3	4
7 Breakfast Pizza, Cereal, Toast,Granola, Yogurt, Fruit Juice Milk	8 Pancake, Sausage Patty, Cereal, Toast,Granola, Yogurt, Fruit Juice Milk Syrup	9 Scrambled Eggs, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	10 Sausage Biscuit w/Cheese, Cereal, Toast, Granola, Yogurt Fruit Juice Milk	11 Powder Sugar or Chocolate Donuts, Cereal,Toast, Granola, Yogurt, Fruit Juice Milk
14 Biscuit, Sausage Gravy, Cereal, Toast, Granola, Yogurt Fruit Juice Milk	15 Waffle, Cereal, Toast,Granola, Yogurt, Fruit Juice Milk Syrup	16 Cheese Omelet, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	17 Egg Sausage and Cheese Tornado, Cereal,Toast, Granola, Yogurt, Fruit Juice Milk	18 Cinnamon Rolls, Cereal,Toast, Granola, Yogurt, Fruit Juice Milk
21	22 Pancake and Sausage on a Stick, Cereal,Toast, Granola, Yogurt, Fruit Juice Milk Syrup	23 Scrambled Eggs, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	24 Oatmeal with (dried fruit, choc chips, brown sugar), Cereal, Granola, Yogurt,Toast Fruit Juice Milk	25 Glazed Donut, Cereal,Toast, Granola,Yogurt, Fruit Juice Milk
28 Breakfast Pizza, Cereal, Toast,Granola, Yogurt, Fruit Juice Milk	29 French Toast Sticks, Cereal, Toast,Granola, Yogurt, Fruit Juice Milk Syrup	30 Cheese Omelet, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	31 Muffin,Cereal, Toast, Granola, Yogurt, Fruit Juice Milk	1 Powder Sugar or Chocolate Donuts, Cereal,Toast, Granola, Yogurt, Fruit Juice Milk