

Menus

School: Tonica Grade School

Academic Year: 2018-19

Meal: Breakfast

Month: February 2019

February				
M	Tu	W	Th	F
28 Breakfast Pizza, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk	29 French Toast Sticks, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk Syrup	30 Cheese Omelet, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	31 Muffin, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk	1 Powder Sugar or Chocolate Donuts, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk
4 Egg Sausage and Cheese Tornado, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk	5 Waffles Cereal, Toast, Granola, Yogurt, Fruit Juice Milk Syrup	6 Scrambled Eggs, Cereal, Toast, Granola, Yogurt, Fruit, Hash brown Juice Milk	7 Pop Tarts, Fruit Smoothie, Cereal, Toast, Granola, Yogurt, Fruit, Hash brown Juice Milk	8 Glazed Donut, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk
11 Bacon ,Egg and Cheese Muffin Cereal, Toast, Granola, Yogurt, Fruit Juice Milk	12 Pancake and Sausage on a Stick, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk Syrup	13 Cheese Omelet, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	14 Sausage, Egg & Cheese Tortilla Cereal, Toast, Granola, Yogurt Fruit Juice Milk	15 Cinnamon Rolls, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk
18	19 Pancake, Sausage Patty, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk Syrup	20 Scrambled Eggs, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	21 Breakfast Pizza, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk	22 Powder Sugar or Chocolate Donuts, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk
25 Biscuit, Sausage Gravy, Cereal, Toast, Granola, Yogurt Fruit Juice Milk	26 Waffle, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk Syrup	27 Cheese Omelet, Cereal, Toast, Granola, Yogurt, Fruit, Hash Brown Juice Milk	28 Bacon ,Egg and Cheese Croissant Cereal, Toast, Granola, Yogurt, Fruit Juice Milk	1 Cinnamon Rolls, Cereal, Toast, Granola, Yogurt, Fruit Juice Milk